

# A Warm Welcome to Harbour Lights

## Starters

**Prawn & Avocado Cocktail**      £5.95  
With mixed leaves and rose marie sauce, served with lemon wedge and brown bread

**Cajun Mushrooms**      £5.95  
Cajun breaded mushrooms served with salad and a coriander and lime dip and salad

**Sussex Smokie**      £5.95/£9.95 main  
Smoked haddock and prawns in a creamy cheese sauce served with toasted ciabatta soldiers and salad

**Chilli and Chorizo Empanadas**      £5.95  
Tomato, chilli and chorizo savouries with a cool dip and salad

**Calamari Rings**      £5.50  
Tender calamari deep fried in tempura batter with lemon mayo dip and salad

**Pan Fried Scallops**      £5.95  
Drizzled with garlic butter with salad and warm bread

**Soup of the Day**      £4.25  
With warm bloomer and butter

**Duck Pancakes**      £5.95  
Shredded Duck Breast in Chinese style rice pancakes with a rich plum sauce and salad

**Potato Wedges**      £5.50  
Homemade oven baked potato wedges with sour cream and salsa

**Tempura Battered Prawns**      £5.95  
Served with sweet chilli sauce and salad

**Sharing Meze Platter for Two:** Houmous, taramasalata, olives, chorizo, feta, tzatziki, salad and warm pitta bread **£9.95**

### Chicken and Bacon Caesar Salad £7.95

Warm Roast Chicken, smoked bacon, with salad, caesar dressing, croutons and freshly grated grana padano cheese

### Salmon and Prawn Platter £10.95

Smoked Salmon & Prawns with dressed salad, seafood sauce, coleslaw & brown bread

### Hot Scampi Salad £8.95

Mixed leaves and cherry tomatoes tossed in a tartare sauce and topped with hot battered white scampi, sprinkled with parmesan cheese and served with half a chargrilled lemon. Add fries for £1.00

## Harbour Gourmet Burgers

All our 6oz beef burgers are from British Beef and served in a floured bun with crisp salad leaves, sliced tomato, coleslaw and mayonnaise accompanied by chips, mixed salad and coleslaw

### Cheese and Bacon Burger £8.95

Beef burger topped with bacon and melted mature cheddar with crunchy slices of gherkin

### Blue Burger £8.95

Beef Burger topped with blue cheese, red onion and bacon

### Mexican Burger £8.95

Beef Burger topped with sour cream, spicy salsa and jalapeno peppers

### Veggie Burger (V) £8.50

Veggie burger made from lentils, carrot, courgettes, mushrooms, gougere cheese and nuts

### Egg and Bacon Burger £8.95

Beef Burger topped with fried egg and grilled bacon

### Plain Jane Burger £8.50

Beef Burger with fried onions only

### Chicken Burger £8.50

Roasted chicken breast with fried onions

### Scottish Salmon Burger £8.95

Prime Scottish Salmon Burger with coriander and lemon

## SIDES

Dressed Salad - £2.20 Chips - £2.50 Cheesy Chips - £2.25 Garlic Bread - £1.95 Selection of Veg - £2.50 Roll and Butter - 95p Onion Rings - £1.50

# Mains

## Steak and Kidney Pudding

£8.50

Slow cooked steak & kidney in a vegetable suet case accompanied by grilled tomato, onion gravy, vegetables and choice of potatoes

## Fillet of Sea Bass

£11.95

Oven baked herb crusted fillet of Sea Bass with roasted mediterranean vegetables and sauteed potatoes

## Local Game Casserole

£10.95

Local pheasant, venison, guinea fowl, root vegetables and white bean casserole served with mashed potato

## Chilli Baked Burrito

£9.95

Spicy Beef Chilli in flour tortillas with melted cheese, salsa, sour cream and guacamole served with salad and fries.

## Sirloin Steak

£13.95

8oz Sirloin Steak cooked to your liking, with grilled tomato, mushrooms and onion rings, chips and a mixed salad. Add a peppercorn or chasseur sauce for extra £1.50

## Seafood Florentine

£8.95

Haddock, prawns and salmon on a bed of spinach topped with sliced potato and melted cheese, served with a medley of fresh vegetables

## Cannelloni (v)

£8.50

Pasta tubes filled with spinach and ricotta cheese, baked in a tomato and bechamel sauce and finished with fresh Parmesan, served with garlic bread and salad

## Harbour Rack 'O' Ribs

whole rack £12.95/half £8.95

Mighty Meaty Pork Ribs in a mesquite and Jack Daniels glaze with barbeque sauce served with curly fries and salad

Please see our blackboards for todays selection of desserts

Speciality Ice Creams ( 3 scoops) £3.95

Delicious Mackies ice cream from a small Scottish farm which uses only the freshest milk and double cream from its own cows, and no artificial additives

Choose from; Strawberries and Cream~Peaches and Cream~Dairy Vanilla~Rum & Raisin~Absolutely Chocolate ~ Blackcurrant and Liquorice~Rum and Raisin~Butterscotch~Strawberry and Raspberry Sorbet

Childrens Selection

Under 12s only

Lasagne, chips and salad	£4.95
Golden Whale, chips and beans	£4.50
Beef burger, chips and beans	£4.50
Sausages, mash and peas	£4.50
Jacket Potato with cheese and salad	£3.95

Please don't forget Harbour Lights is open everyday from 08.30 for breakfasts, speciality coffees, snacks & much more  
Why not ask to see our daytime menu

Look and Sea and Harbour Lights are available for private hire~ please ask your server for further information